

Amazfit GTS 4 Smart Watch for Men Women

QUICK BUYER GUIDE



Athletes and fitness enthusiasts needing advanced tracking and voice assistant features

At a Glance Specs

 **DISPLAY**
1.75" AMOLED HD screen

 **BATTERY LIFE**
Up to 14 days of use

 **GPS**
Dual-band for accurate tracking

 **HEALTH MONITORING**
Heart rate, SpO₂, stress levels

 **SPORTS MODES**
150+ modes for diverse activities

 **VOICE ASSISTANT**
Built-in Alexa integration

 **DESIGN**
Slim, lightweight build

 **APP SYNC**
Supports Apple Health, Google Fit

Who It Is For

-  Runners needing GPS navigation
-  Fitness enthusiasts with 150+ sports modes
-  Users requiring voice assistant features
-  People tracking health metrics daily
-  Smartphone users needing app sync
-  Those prioritizing long battery life

Who It Is Not For

-  Users without smartphone access
-  People avoiding health data tracking
-  Those needing waterproofing beyond 50m
-  Individuals preferring simpler devices
-  Users without Alexa integration needs
-  People prioritizing physical buttons

Trade Offs to Consider

-  Battery life decreases with frequent GPS use
-  Screen size may be too large for small wrists
-  Requires smartphone connection for full features
-  Limited waterproofing depth (50m)
-  No physical buttons for quick access
-  Dependent on app ecosystem for full functionality



Users Say

● POSITIVES

- ✓ Accurate GPS tracking for outdoor runs
- ✓ Excellent battery life for daily use
- ✓ Voice assistant simplifies store payments
- ✓ Comprehensive health metrics monitoring
- ✓ Modern design with AMOLED display

● COMPLAINTS

- ⚠ Waterproofing limited to 50m depth
- ⚠ App dependency for full feature set
- ⚠ Screen brightness in direct sunlight
- ⚠ Charging cable quality could improve



How It Compares

- Better GPS accuracy than single-band models
- Longer battery life than most competitors
- More health metrics than basic fitness trackers
- Fewer sports modes than specialized devices
- Similar app integration to Apple Watch
- Less premium design than luxury smartwatches



Choose This If...

- ✓ Need advanced GPS tracking
- ✓ Want voice assistant features
- ✓ Prioritize long battery life
- ✓ Require comprehensive health monitoring
- ✓ Need app integration for fitness data
- ✓ Seek modern slim design

✗ Skip This If...

- ✗ Don't need GPS navigation
- ✗ Lack smartphone access
- ✗ Avoid health data tracking
- ✗ Require deeper waterproofing
- ✗ Prefer simpler device functionality
- ✗ Need physical buttons for quick access



Learn More



Read our Review

[Amazfit GTS 4 Smart Watch Review: GPS Tracking, Health Monitoring, and Fitness Features for 2026](#)



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