

CNBRO JYTK8FS Smart Ring - Health Tracker & NFC Control

QUICK BUYER GUIDE



Ideal for health-conscious users needing family care, NFC access, and activity tracking

At a Glance Specs



BLUETOOTH VERSION

Bluetooth 5.0 for reliable connectivity



BATTERY LIFE

15-20mAh battery, 3-5 days of use



WATERPROOF RATING

IP68 waterproof, but not for swimming



COMPATIBILITY

Works with Android 6.0+ and iOS 11.0+



SIZE OPTIONS

Available in 7-13 ring sizes (17.3mm to 22.2mm)



MATERIALS

Stainless steel with ceramic finish



APP SUPPORT

Includes SmartHealth app for data sharing



Who It Is For

-  Users tracking heart rate and sleep patterns
-  Families sharing health data securely
-  NFC users needing access control
-  Activity monitors seeking step counting



Who It Is Not For

-  Swimmers or divers requiring waterproof gear
-  Users needing GPS tracking features
-  Those prioritizing 7-day battery life
-  People with large finger sizes



Trade Offs to Consider

- Limited battery life compared to smartwatches
- No GPS or call functionality
- Size options may not fit all finger sizes
- Requires charging case for extended use



Users Say

● POSITIVES

- ✓ Easy to use for health monitoring

● COMPLAINTS

- ⚠ Battery drains quickly with constant use



How It Compares

- Fewer features than smartwatches
- Shorter battery life than fitness trackers
- Higher price than basic activity rings
- Limited app ecosystem compared to competitors



Choose This If...

- ✓ You need health metrics and family sharing
- ✓ NFC access control is essential
- ✓ Prefers discreet activity tracking
- ✓ Wears stainless steel rings



Skip This If...

- ✗ Require GPS or long battery life
- ✗ Need waterproof for swimming
- ✗ Want call or messaging features
- ✗ Need larger ring sizes



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