

EURANS EW1 45mm AMOLED Fitness Tracker

QUICK BUYER GUIDE



Fitness enthusiasts needing 24/7 heart rate and sleep tracking with Android/iOS compatibility

At a Glance Specs



SCREEN SIZE

45mm AMOLED display with sunlight visibility



WATER RESISTANCE

50 meters waterproof for swimming and daily use



FEATURES

Heart rate, sleep, blood oxygen, and calorie tracking



BATTERY LIFE

7 days with daily use and 20 hours in constant use



CONNECTIVITY







Bluetooth 4.0 for Android/iOS pairing









DIMENSIONS

10.16 x 1.39 x 0.39 inches with lightweight design







Who It Is For

-  People needing basic health metrics tracking
-  Android/iOS users seeking smart notifications
-  Swimmers and gym-goers requiring waterproof durability
-  Users wanting customizable watch faces
-  Budget-conscious fitness trackers buyers
-  Those needing sedentary and hydration reminders

Who It Is Not For

-  Users requiring GPS navigation features
-  People needing advanced medical-grade health monitoring
-  Those prioritizing 10+ day battery life
-  Users wanting third-party app integration
-  Individuals needing military-grade water resistance
-  People seeking voice command capabilities

Trade Offs to Consider

-  Lacks built-in GPS for location tracking
-  Battery life shorter than premium competitors
-  Limited third-party app compatibility
-  No advanced stress monitoring features
-  Watch faces require app-based customization
-  Water resistance limited to 50 meters



Users Say

● POSITIVES

- ✓ Accurate heart rate and sleep tracking
- ✓ Easy setup with QR code pairing
- ✓ Bright display visible in sunlight
- ✓ Good value for basic fitness features

● COMPLAINTS

- ⚠ Battery drains faster with continuous tracking
- ⚠ Limited watch face customization options
- ⚠ No advanced health metrics like ECG
- ⚠ Water resistance not suitable for deep diving



How It Compares

- Lacks GPS compared to premium trackers
- Shorter battery life than smartwatches
- Fewer third-party app integrations
- Simpler interface than smartwatch alternatives
- Lower price point than advanced fitness trackers
- Limited advanced health monitoring features



Choose This If...

- ✓ You need basic health tracking features
- ✓ You want a budget-friendly fitness tracker
- ✓ You require waterproof durability for daily use
- ✓ You need smart notifications without phone access
- ✓ You prefer customizable watch faces

✗ Skip This If...

- ✗ You need GPS navigation capabilities
- ✗ You require advanced medical health monitoring
- ✗ You prioritize 10+ day battery life
- ✗ You want extensive third-party app support
- ✗ You need military-grade water resistance



Learn More



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[EURANS Smart Watch 45mm Review: 2026 Fitness Tracker for Everyday Use](#)



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