

EURANS Fitness Tracker with Heart Rate and Sleep Monitoring for Men and Women

QUICK BUYER GUIDE



Ideal for fitness enthusiasts tracking daily activity, heart rate, and sleep with smart notifications and USB charging



At a Glance Specs



TRACKS STEPS, HEART RATE, SLEEP,
AND CALORIES

**Monitors daily activity and
health metrics**



USB CHARGING WITH 5-7 DAYS
BATTERY LIFE

**Charges via USB without
cables**



LCD TOUCHSCREEN DISPLAY

**Clear visibility for time and
notifications**



1.76 OZ WEIGHT, 5.59" DIMENSIONS

**Lightweight and compact for
all-day wear**



SUPPORTS 10+ SPORTS MODES

**Customizable for running,
cycling, yoga, and more**



IP67 WATERPROOF RATING

**Resists water for light rain or
handwashing**



COMPATIBLE WITH ANDROID/IOS 7.1+








**Syncs with smartphones for
data tracking**









LITHIUM-ION BATTERY INCLUDED

**Built-in power source for
extended use**







Who It Is For

-  Tracks daily activity and heart rate
-  Monitors sleep quality for better rest
-  Receives smart notifications for calls/texts
-  Charges via USB without cables
-  Waterproof for light rain or handwashing
-  Compatible with Android and iOS devices
-  Ideal for fitness enthusiasts

Who It Is Not For

-  Requires GPS tracking
-  Needs waterproofing for swimming
-  Prefers longer battery life than 7 days
-  Wants advanced health metrics
-  Requires wireless charging
-  Needs military-grade durability

Trade Offs to Consider

-  Limited to 5-7 days battery life
-  No GPS integration
-  Waterproof but not for swimming
-  USB charging is less convenient than wireless
-  Fewer advanced health metrics than high-end models
-  No third-party app compatibility

How It Compares

- Less durable than premium smartwatches
- Fewer advanced health metrics than high-end models
- No GPS functionality
- USB charging is less convenient than wireless
- Smaller screen compared to competitors
- Limited app customization options



Choose This If...

- ✓ Need activity tracking and health monitoring
- ✓ Want smart notifications for calls/texts
- ✓ Prefer USB charging over wireless
- ✓ Require waterproofing for light rain
- ✓ Seek lightweight wearable for daily use
- ✓ Need compatibility with Android/iOS

Skip This If...

- ✗ Require GPS tracking
- ✗ Need swimming waterproofing
- ✗ Want longer battery life than 7 days
- ✗ Prioritize military-grade durability
- ✗ Desire advanced health metrics
- ✗ Need wireless charging



Learn More



Read our Review

[Fitness Tracker with Heart Rate Blood Oxygen Monitor: 2026 Review](#)



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wearableinsights.novicelinks.com