

FTTMWTAG T49 Smartwatch: Fitness Tracker with Call & Message Support

QUICK BUYER GUIDE



Busy professionals and fitness enthusiasts need a smartwatch with call support, health tracking, and 100+ sports modes

At a Glance Specs



SCREEN SIZE

1.9-inch HD touchscreen with adjustable brightness



BATTERY LIFE

5-7 days of use with 290 mAh battery



WATER RESISTANCE

IP67 rating for rain/sweat but not swimming



CONNECTIVITY

Bluetooth for Android/iOS (5+ and 9+ versions)



HEALTH FEATURES

Heart rate, blood pressure, sleep tracking, and period prediction



SPORTS MODES

100+ modes for running, cycling, and specialized activities



LANGUAGE SUPPORT

28 language options for global users



Who It Is For

-  People needing call support during workouts
-  Fitness enthusiasts tracking health metrics
-  Users requiring 100+ sports mode options
-  Individuals needing 24/7 health monitoring



Who It Is Not For

-  Swimmers or divers needing waterproof gear
-  Users requiring built-in GPS navigation
-  People with wrist sizes larger than 1 inch



Trade Offs to Consider

- Battery requires daily charging for optimal use
- No built-in GPS requires smartphone reliance
- Limited language support compared to premium models



How It Compares

- Better than basic trackers with call features
- Less durable than waterproof swim watches
- More limited than premium health-focused models



Choose This If...

- ✓ You need call support during workouts
- ✓ You want comprehensive health tracking
- ✓ You prefer 100+ sports mode options



Skip This If...

- × You require built-in GPS navigation
- × You need longer battery life
- × You need multiple language support



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