

Garmin Forerunner 735XT Multisport GPS Running Watch

QUICK BUYER GUIDE



Athletes needing multisport tracking and heart rate monitoring

At a Glance Specs



GPS TRACKING

Worldwide map coverage with automatic sport transitions



BATTERY LIFE

11 days in smartwatch mode, 14 hours in GPS mode



WATER RESISTANCE

Waterproof up to 50 meters for swimming use



HEART RATE

Wrist-based monitoring with chest strap compatibility



CONNECTIVITY







Bluetooth for app sync and notifications








DIMENSIONS

1.23-inch screen, 3.2-ounce weight







Who It Is For

-  Multisport athletes tracking running, cycling, and swimming
-  Runners prioritizing race-day heart rate monitoring
-  Tech-savvy users wanting app customization
-  Swimmers needing pool performance metrics
-  Cyclists tracking cadence and power output
-  Athletes using Connect IQ for watch faces

Who It Is Not For

-  Casual users without sport-specific tracking needs
-  Budget-conscious buyers seeking basic fitness trackers
-  Single-sport athletes without multisport requirements
-  Users without chest strap heart rate monitors
-  Those prioritizing ultra-long battery life

Trade Offs to Consider

-  Battery life decreases with GPS or heart rate tracking
-  Advanced metrics require additional accessories
-  Complex features may require learning curve
-  GPS mode limits ultra-trac mode battery life
-  Connect IQ customization requires app access
-  Multisport tracking consumes more battery



Users Say

● POSITIVES

- ✓ Accurate heart rate data for race-day pacing
- ✓ Seamless transitions between sports modes
- ✓ Customizable watch faces and apps
- ✓ Detailed running dynamics for performance analysis

● COMPLAINTS

- ⚠ Battery drains faster with continuous GPS use
- ⚠ Learning curve for advanced features
- ⚠ Requires additional accessories for full functionality
- ⚠ Screen size may be small for some users



How It Compares

- Longer battery life than single-sport trackers
- More advanced metrics than basic GPS watches
- Better app integration than competitors
- Fewer multisport features than higher-end models
- More accessory requirements than standalone devices
- Higher price than entry-level fitness trackers



Choose This If...

- ✓ You need multisport performance tracking
- ✓ You prioritize heart rate monitoring
- ✓ You want app customization options
- ✓ You train in multiple disciplines
- ✓ You need detailed running dynamics

✗ Skip This If...

- ✗ You prefer single-sport tracking simplicity
- ✗ You have budget constraints
- ✗ You don't need GPS functionality
- ✗ You want ultra-long battery life
- ✗ You prefer minimalistic design



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