

# RICHCLLCTR R11M Smart Ring: Fitness Tracker with Heart Rate, Blood Oxygen, Blood Pressure, Sleep & Step Monitoring

## QUICK BUYER GUIDE



Ideal for individuals seeking 24/7 health monitoring with sleep and activity tracking



## At a Glance Specs



### BATTERY LIFE

**Up to 3-5 days on 2-hour charge**



### COMPATIBILITY

**Works with iOS 8.4+ and Android 4.4+**



### CHARGING METHOD

**Magnetic USB cable or charging case**



### PACKAGE INCLUDES

**Ring, charging case, USB cable, and silicone cover**



### WATERPROOF RATING

**IP68 rating for water resistance**



### HEALTH METRICS

**Monitors heart rate, blood oxygen, blood pressure, and sleep**



### SUBSCRIPTION FEE

**Lifetime free app access with no extra charges**



### DATA SYNC

**Bluetooth connectivity for app-based tracking**

## Who It Is For

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-  People needing 24/7 health monitoring
-  Athletes tracking activity and recovery
-  Busy professionals managing sleep patterns
-  Travelers requiring waterproof durability
-  Users prioritizing no subscription fees
-  Individuals seeking discreet wearables

## Who It Is Not For

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-  Users requiring standalone GPS
-  People needing advanced workout analytics
-  Those preferring no charging case
-  Individuals with large finger sizes
-  Users wanting long-term battery life
-  People needing third-party app integration

## Trade Offs to Consider

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-  Limited app features compared to smartwatches
-  Battery life shorter than dedicated wearables
-  No GPS without smartphone connection
-  Requires careful sizing to avoid returns
-  Limited customization options
-  Charging case adds bulk to carry

## How It Compares

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- Fewer advanced features than smartwatches
- More discreet than fitness trackers
- Better waterproof rating than most rings
- Less battery life than dedicated wearables
- No GPS without smartphone
- Simpler interface for basic tracking

## Choose This If...

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- ✓ You need 24/7 health monitoring
- ✓ You prioritize waterproof durability
- ✓ You want no subscription fees
- ✓ You prefer discreet wearable design

## Skip This If...

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- ✗ You require advanced workout analytics
- ✗ You need standalone GPS functionality
- ✗ You want long-term battery life
- ✗ You need third-party app integration



## Learn More

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### Read our Review

[RICHCLLCTR Smart Ring Review: 24/7 Health Tracking for Women and Men](#)



### Visit our YouTube Channel

[Wearable Insights](#)



### Visit our Website

[wearableinsights.novicelinks.com](https://wearableinsights.novicelinks.com)