

Xiaomi Mi Smart Band 10 (2025) - Fitness Tracker with AMOLED Display and 21-Day Battery Life

QUICK BUYER GUIDE



Fitness enthusiasts needing long battery life and health tracking

At a Glance Specs



SCREEN SIZE

1.72-inch AMOLED display with 1500 nits brightness



BATTERY LIFE

21 days of usage on single charge



TOUCHSCREEN

Responsive touchscreen for easy navigation



HEALTH FEATURES

Heart rate, sleep, and multi-sport tracking



CONNECTIVITY

Bluetooth 5.4 for seamless pairing



OS COMPATIBILITY

Works with Android 8.0 or iOS 14+



WATER RESISTANCE

IP68 rating for swimming tracking



Who It Is For

-  People who need long battery life for daily use
-  Athletes tracking multi-sport activities
-  Users prioritizing health metrics like sleep and heart rate
-  Those seeking a lightweight wearable with bright display



Who It Is Not For

-  Users requiring GPS navigation
-  People needing frequent daily charging
-  Those prioritizing advanced fitness analytics
-  Individuals wanting a larger touchscreen



Trade Offs to Consider

- No GPS vs. enhanced swimming tracking
- Bright display vs. longer battery life
- Touchscreen interface vs. physical buttons
- HyperOS ecosystem vs. third-party app support



How It Compares

- Longer battery life than most smartwatches
- Brighter display than standard fitness trackers
- Fewer advanced fitness metrics than premium models
- More affordable than GPS-enabled smartwatches



Choose This If...

- ✓ You need 21 days of battery life
- ✓ You track multi-sport activities
- ✓ You prioritize health monitoring
- ✓ You want a lightweight wearable



Skip This If...

- ✗ You require GPS functionality
- ✗ You need frequent daily charging
- ✗ You want advanced fitness analytics
- ✗ You prefer a larger touchscreen



Learn More



Read our Review

[Xiaomi Mi Smart Band 10 \(2025\) Review: 21-Day Battery Life & Health Tracking](#)



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